

## Lesson 5 – Medical Equipment in Podiatry

### 1. Introduction

In podiatry, professionals use many different tools to treat feet safely and effectively. In this lesson, you will learn basic medical equipment names and practise using them in context.

### 2. Vocabulary (EN-PL)

- nail clippers – cążki do paznokci
- foot file – pilnik do stóp
- scalpel – skalpel
- sterilizer – sterylizator
- toenails – paznokcie u nóg
- dead skin – martwa skóra
- corns – odciski
- calluses – modzele
- clean – czyścić
- maintain – konserwować, dbać o
- remove – usuwać
- after use – po użyciu

### 3. Reading text

In podiatry, there are many tools used to take care of feet.

- Nail clippers: These are used to cut toenails.
- Foot file: This tool helps remove dead skin from the feet.
- Scalpel: The podiatrist uses a scalpel to remove corns and calluses.
- Sterilizer: After using the tools, the podiatrist cleans and sterilizes them to keep everything safe and clean.

It is very important to clean and maintain the tools to avoid infections.

### 4. Mini-dialog

**Client:** What tool do you use to remove calluses?

**Podiatrist:** I use a scalpel for precise work.

**Client:** And what about dead skin on the heels?

**Podiatrist:** Then I use a foot file. After each treatment, all tools go into the sterilizer.

**Client:** Good to know. Thank you!

## 5. TIP BOX

### **TIP: Foot file vs. Scalpel**

- **Foot file:**
  - removes dead skin
  - used on a larger surface
  - gentle, safe
  
- **Scalpel:**
  - removes corns and calluses
  - requires professional skill
  - used for precise, deeper work

## 6. Exercises

### A. Multiple choice

1. What is the main purpose of a foot file in podiatry?
  - a) to cut toenails
  - b) to remove dead skin
  - c) to sterilize tools
  - d) to remove corns and calluses
  
2. Why is it important to sterilize tools?
  - a) to make the tools look shiny
  - b) to prevent infections
  - c) to make the tools last longer
  - d) to remove dead skin
  
3. Which tool does a podiatrist use to remove corns and calluses?
  - a) nail clippers
  - b) foot file
  - c) scalpel
  - d) sterilizer

### B. Short answer questions

4. Why is it important to sterilize the tools used in podiatry?
5. What tool does a podiatrist use to remove corns and calluses?
6. What are nail clippers used for in podiatry?

C. Complete the sentences

7. What is the name of the tool that cleans and sterilizes tools after use?  
a) steriliser b) foot file c) nail clippers d) scalpel e) clean
8. A \_\_\_\_\_ is used to cut toenails.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
9. A \_\_\_\_\_ removes dead skin from the feet.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
10. The podiatrist uses a \_\_\_\_\_ to remove corns.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
11. After using tools, the podiatrist puts them in the \_\_\_\_\_.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
12. It is important to \_\_\_\_\_ the tools after every use.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
13. This tool cuts toenails: \_\_\_\_\_.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
14. This tool removes dead skin: \_\_\_\_\_.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
15. This machine sterilizes tools: \_\_\_\_\_.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean
16. This sharp tool removes corns and calluses: \_\_\_\_\_.  
a) sterilizer b) foot file c) nail clippers d) scalpel e) clean

👉 6. Interactive exercises – Google Forms



 [https://bit.ly/podiatrist\\_L5](https://bit.ly/podiatrist_L5)

✓ 7. Answer Key

A. 1 b 2 b 3 c

B. 4 To prevent infections. 5 A scalpel. 6 To cut toenails.

C. 7 a 9 c 10 b 11 d 12 a 13 e 14 c 15 b 16 a 17 d